

# The Atlantic Provinces Medical Peer Review



## MANAGEMENT OF SPECIFIC DISEASE ENTITIES

### Family Medicine # 2

#### MANAGEMENT OF DYSLIPIDEMIA

It is important to note that these guidelines are meant to be of assistance to assessors in making observations. They should not be taken as standards of any of the Atlantic Provinces Licensing Authorities.

routine screening of:  
 men over 40 and post-menopausal women over 50  
 patients with other CV risk factors ( smoking, hypertension, abdominal obesity family history )

- ✓ evidence of weight measurements taken (BMI); dietary guidance provided, and therapeutic life style changes
- ✓ use of Framingham Risk Score
- ✓ awareness of current target lipid levels; use of medications (statins, fibrates) with evidence of titration to achieve target
- ✓ evidence of long-term follow-up after titration ( lipid levels every 6 -12 months )
- ✓ monitoring of transaminases and CK levels of patients on statins

	N/A	E	S	D
Appropriate screening has been done; baseline lipid profile has been determined.				
Appropriate medication, diet and lifestyle changes have been prescribed.				
Regular monitoring and long-term follow-up is being done.				

COMMENTS: \_\_\_\_\_

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